PSHE/PINK		Reception	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
What a wonderful world!	Autumn One	Mindfulness and massage (week 1 and 2) SEAL new beginnings (During week 1	Mindfulness and massage (week 1 and 2) SEAL new beginnings (During week 1	Mindfulness and massage (week 1 and 2) SEAL new beginnings (During week 1	Mindfulness and massage (week 1 and 2) SEAL new beginnings (During week 1	Mindfulness and massage (week 1 and 2) SEAL new beginnings (During week 1	Mindfulness and massage (week 1 and 2) SEAL new beginnings (During week 1	Mindfulness and massage (week 1 and 2) SEAL new beginnings (During week 1
		to included class rules and emotional barometer) Facts 4 life (pg 9-15)	to included class rules and emotional barometer) Facts 4 life (pg 17 - 21)	to included class rules and emotional barometer) Facts 4 life (pg 22-25)	to included class rules and emotional barometer) Facts 4 life (pg 26-29)	to included class rules and emotional barometer) Facts 4 life (pg 30-32)	to included class rules and emotional barometer) Facts 4 life (pg 34-36)	to included class rules and emotional barometer) Facts 4 life (baseline pg
	Autumn Two	Anti-bullying, equalities and cyber bullying (week 1 - 2) Facts 4 life (pg. 9 - 15) (2 weeks)	Anti-bullying, equalities and cyber bullying (week 1 -2) Resilience (2weeks)	Anti-bullying, equalities and cyber bullying (week 1 -2) Drug education (2 weeks)	Anti-bullying, equalities and cyber bullying (week 1 -2) SEAL Relationships (2Weeks)	Anti-bullying, equalities and cyber bullying (week 1 -2) Drug education (2 Weeks)	Anti-bullying, equalities and cyber bullying (week 1 -2) Drug education (2 weeks)	34,pg37-38) Anti-bullying, equalities and cyber bullying (week 1 -2) Primary Mental Health (2 Weeks)

A journey through time.	Spring One	Relationships and sex education (4 weeks)	Relationships and sex education (4 weeks)	Relationships and sex education (4 weeks)	Relationships and sex education (4 weeks)	Relationships and sex education (4 weeks)	Relationships and sex education (4 weeks)	Relationships and sex education (6 weeks)
A journey through time.	Spring Two	Drug Education (2 weeks) Citizenship and British Values (2 weeks)	Citizenship and British Values (2 weeks) SEAL Relationships (2 weeks)	Citizenship and British Values (2 weeks) Counting Sleep (2 weeks)	Citizenship and British Values (2 weeks) Drug Education (2 weeks)	Citizenship and British Values (2 weeks) Primary Mental Health (2 weeks)	Citizenship and British Values (2 weeks) Primary Mental Health (2 weeks)	Citizenship and British Values (2 weeks) Counting Sleep (2 weeks)
Staying alive.	Summer One	SEAL - good to be me (during 1 week) Sun smart (1 week) Financial capability (2 weeks)	SEAL - good to be me (during 1 week) Drug education (3 weeks)	SEAL - good to be me (during 1 week) Protective behaviours (3 weeks)	Sun Smart (2 weeks) Primary Mental Health (2 weeks)	SEAL Good to be me (1 weeks) Citizenship and British Values (3 weeks)	Citizenship and British Values (2 weeks) Financial capability (2 weeks)	Protective behaviours ( 2 weeks) Financial capability (2 weeks)

Summer Two	Physical Activity, healthy life styles 'Busy Feet' (3 weeks) SEAL Changes (During transition week)	Resilience (3 weeks) SEAL Changes (During transition week)	Financial Capability (3 week) SEAL Changes (During transition week)	Primary Mental Health (3 weeks) SEAL Changes (During transition week)	Financial Capability (3 weeks) SEAL Changes (During transition week)	Resilience (2 weeks) Peer Mediation (2 weeks)	Drug education 'Breath of fresh air' (3 Weeks) SEAL Changes (During transition week)
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